

# Breakfast Menu

## FRENCH TOAST

### THE FRENCH MOUSTACHE 56

With three rashers of bacon, topped with grated cheddar & drizzled with golden syrup

### THE MONKEY'S UNCLE 64

With three rashers of bacon, topped with grated cheddar & fried banana, drizzled with golden syrup

### LE CLASSIQUE 44

With grated cheddar & drizzled with golden syrup

### THE SWEET STACK 58

With mixed berries, fresh whipped cream & drizzled with golden syrup

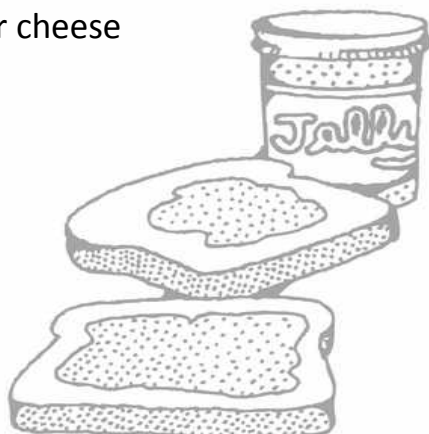
### BASICALLY FRENCH 26

Thick slice of farm-style French toast, add toppings of your choice - refer to 'extras' section of this menu

## SOMETHING DIFFERENT

### THE GRENADE 92

Slice of rustique ciabatta stacked with mashed avo, bacon strips, 3 soft fried eggs & cheddar cheese



## THE CLASSICS

*Options: farm white/seedloaf/ciabatta – fried/poach/scrambled*

### THE BASIC BREAKFAST 59

A slice of toast, one egg, bacon, caramelised onions & fried cherry tomatoes  
*(for scrambled eggs: add R4)*

### THE EARLY RISER (JUNIOR) 45

A slice of toast, one egg, cheese, fried onions & fried cherry tomatoes  
*(for scrambled eggs: add R4)*

### THE EARLY RISER (SENIOR) 66

Two slices of toast, two eggs, cheese, caramelised onions & fried cherry tomatoes  
*(for scrambled eggs: add R4)*

### THE FARMERS BREAKFAST 74

Slice of toasted rustique ciabatta, freerange scrambled eggs, pork sausages, fried tomato & cheddar cheese

### ERNIE GUY 54

Slice of farm white with bacon, fried egg & cheddar cheese on top

### THE BOMB 82

Rustique ciabatta topped with savoury mince in Italian tomato sauce, fried egg & cheddar cheese

### THE FULL BREAKFAST 98

Two slices of toast, two eggs, bacon, fried onions, pork sausages & fried tomato  
*(for scrambled eggs: add R4)*



## LOW-CARB & HEALTHY

### THE SPOKESMAN 62

Two poached eggs with avo slices [S], fresh tomato, a drizzle of olive oil & a squeeze of lemon

*(add salmon for R55, mushrooms for R15)*

### THE SCRAMBY DEAL 64

Three scrambled eggs topped with Italian tomato-based sauce, crumbed Danish feta, avo slices [S] & fresh rocket

*(add bacon for R22)*

### THE BACON ROYALE 79

Slice of seed loaf with bacon, mashed avo [S] & a poached egg, seasoned with crushed black pepper, lemon juice & a drizzle of olive oil, topped with crisp rocket

### FOR THE LOVE OF AVO 62

Slice of seed loaf with mashed avo [S] & a poached egg, seasoned with crushed black pepper, lemon juice & a drizzle of olive oil, topped with crisp rocket

*(add free-range egg for R9, bacon for R20)*

### THE SALMON ROYALE 105

Slice of seed loaf with salmon-trout, mashed avo [S] & a poached egg, seasoned with crushed black pepper, lemon juice & a drizzle of olive oil, topped with crisp rocket

## EXTRAS

*(These can be added to any breakfast)*

Bacon (3 rashers) 24	Grated cheddar 10
Golden syrup 6	Pork Sausages 25
Grated mozzarella 10	Avo [S] 24
Salmon-trout 55	Cherry tomatoes 7
Chillies (mixed) 5	Feta cheese 10
Mushrooms 15	Napoli Sauce 16
Yoghurt 10	Egg 9
Toast 12	Savoury mince 50
Granola 15	Fried Banana 12

## OMELETTES

*Omelettes are made with 3 free-range eggs and served with a slice of toast of your choice*

Basic omelette (see 'Extras' for fillings) 42

Tomato, bacon & cheddar 85

Bacon, mushroom & mozzarella 85

Bacon, avo [S], Danish feta, rocket & balsamic glaze 95

## VEGAN

*(see also our separate vegan menu for more options)*

### VEGAN FRENCH TOAST 54

Made with a crispy almond milk & flour batter, cinnamon, sliced banana, berry coulis & golden syrup

### AVO POWER 62

Slice of toast with mashed avocado, rocket & mushrooms, drizzled with olive oil, lemon squeeze, salt & ground black pepper

### HEALTH BOWL 54

Home-roasted granola with almond milk, golden syrup & sliced banana

### OATS & BANANA 44

Oats with sliced banana & cinnamon  
*(enquire to add almond or macadamia milk)*

## SPECIAL NOTES

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Instagram: [@basic.bistro](https://www.instagram.com/basic.bistro) (specials&more!)

- > Allergy warning on all items, please enquire
- > Tips are received by wait-staff entirely
- > Group service fees may apply
- > Basic Bistro reserves the right to deny access or remove any person from the premises
- > Please talk to us if you're not happy, we care!

